

**SAMPLE QUESTION PAPER (2021-2022)**

**TERM II**

**HOME SCIENCE- 064**

**CLASS: X**

**M.M. 35**

**TIME: 2 Hours**

**General Instructions:**

1. All questions are compulsory.
2. There are total 13 questions.
3. Question paper is divided into three sections-A, B and C.
4. Section A has question nos. 1 to 7 of 2 marks each.
5. Section B has question nos. 8 to 10 of 3 marks each.
6. Section C has question nos.11 to 13 of 4 marks each.
7. There are internal choices in some questions.

<b>Q. No.</b>	<b>SECTION A</b>	<b>Marks</b>
1.	State two characteristics of balanced diet.	2
2.	List any four functions of FSSAI.  OR  Mention two food items that can be adulterated with argemone. Also tell two ill effects of consuming these adulterated food items.	2
3.	When Sudha took out her red silk stole, she found black stain on it. Guide her four tips for its proper storage.  OR  Write two differences between soap and detergent.	2
4.	a) "Meal Planning helps to save time, energy and fuel." Justify this statement with the help of an example. b) How can you incorporate variety in terms of colour while planning meals? Give an example.	2
5.	Identify four ways a milkman can cheat the consumers.	2
6.	Give reason- a) Cotton shirt should be de -starched before storing. b) Food stains should be immediately removed from woolen sweater.	2
7.	Misleading information is a major problem faced by a consumer. In what four ways manufacturer can mislead the consumer?	2

<b>SECTION B</b>		
8.	<p>a) What four points you should keep in mind while planning menu for 15-year-old boy?</p> <p>b) Suggest two ways of preparing a low-cost meal.</p>	3
9.	<p>Why is blue applied to white clothes? Present four steps of applying blue to the clothes.</p> <p style="text-align: center;">OR</p> <p>Why is starch applied to clothes? Present four steps of applying starch to the clothes.</p>	3
10.	<p>You are purchasing fruits from a street vendor. In what six ways you have to remain careful so that he does not cheat you while weighing the fruits?</p>	3
<b>SECTION C</b>		
11.	<p>Your sister bought bright yellow colored channa dal from the local shop. She found that the shopkeeper charged less price for it. While cooking the dal when she washed it, the water turned yellow.</p> <p>a) Which adulterant might be present in it?</p> <p>b) What do you mean by unsafe food?</p> <p>c) Suggest four precautions to be adopted to safeguard from buying adulterated foods.</p>	4
12.	<p>You are helping your mother in planning a meal for the guests coming for dinner at your place.</p> <p>Explain the four factors that will affect your planning.</p> <p style="text-align: center;">OR</p> <p>a) What do you mean by Food groups?</p> <p>b) Name two important nutrients provided by each of the following food groups-</p> <p style="margin-left: 20px;">I. Cereals, Millets and Tubers</p> <p style="margin-left: 20px;">II. Milk and its products</p> <p style="margin-left: 20px;">III. Nuts and oilseeds</p>	4
13.	<p>Rahul is 15-year-old and has variety of clothing. For Diwali celebrations he along with his family was invited by his uncle for party. Rahul wore his favorite black trousers to the party. Accidentally he dropped glass of juice on himself. He is very upset as he spoiled his trousers and shirt.</p> <p>Guide him about eight precautions to be considered while removing this stain from his clothes.</p>	4