

CBSE Notes

Class- 6

Food Where Does it Come From

Food variety:

We eat different kinds of food in our daily routine , like *dal* , *chapati* , fish , chicken , rice vegetables , etc.

Food items and their ingredient:

Sr.No.	Food items	Ingredient
1	Rice	Rice , water , salt, etc
2	Vegetable	Vegetable , water ,salt, spices, oil etc.
3	Dal	Dal/ pulses , water , salt , spices , oil etc.
4	Roti	Atta , water ,
5	Biryani	Chicken , oil , spices , water etc

Food Material and sources:

Sr.No.	Food Material	Sources
1	Vegetable	Plants
2	Fruits	Plants
3	Eggs	Animal
4	Cereals	Plants
5	Pulses	Plants
6	Oil	Plants/ Animals
7	Meat	Animals
8	Spices	Plants
9	Honey	Animals
10	Ghee	Animals
11	Milk	Animals

Sprouted seeds:

Chana (gram) and whole moong sprouts :

Take a dry seeds of Chana or whole moong and put in container with water and leave them for a day . Next day drain the water completely from the seeds container and wrap them from wet

cloth and leave them for a day , next day you will observe that bud like white root come out from the seeds it means that seeds have Sprouted.

Plants Parts:

Plants are divided into two parts I) root system II) Shoot system

I) Root system :

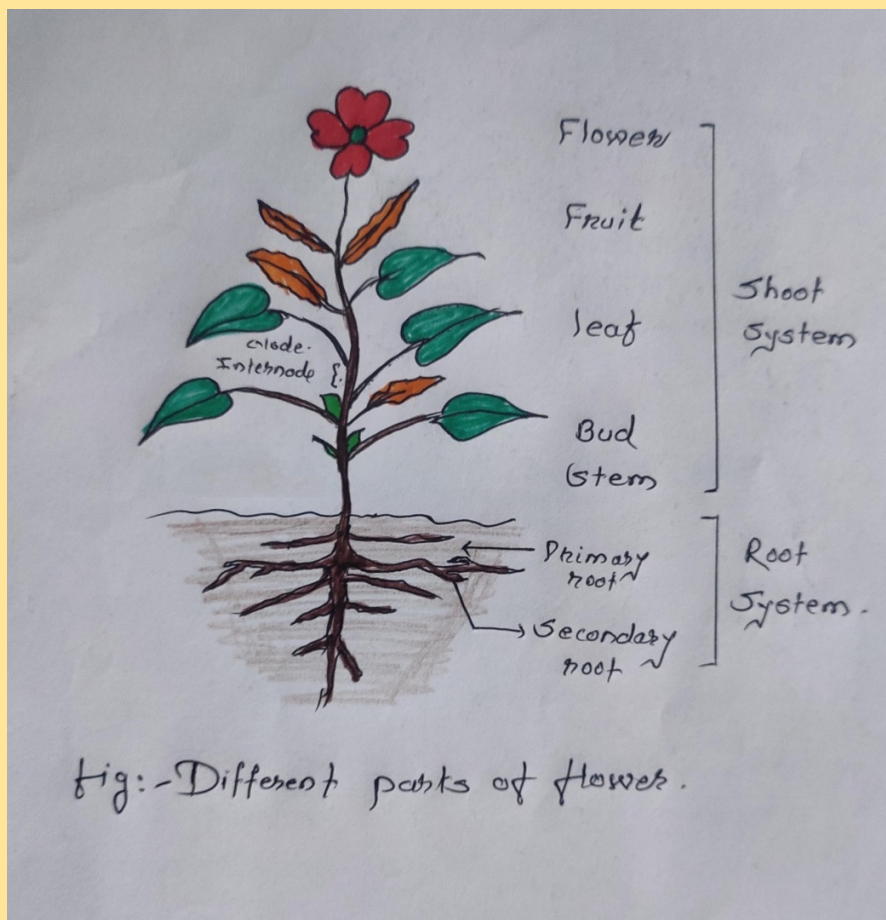
Those parts of plants which is grow below the soil called root system

- a) Primary root
- b) Secondary root

II) Shoot system :

Those parts of plants which is grow above the soil called shoot system.

- a) Stem
- b) Leaf
- c) Fruit
- d) Flower
- e) Bud
- f) Node and internode



Different edible parts of plants:

Se.No.	Plants	Edible parts of plants
1	Carrot	Root
2	Radish	Root
3	potato	Stem
4	Cabbage	Leaves
5	Spinach	Leaves
6	Pumpkin	Fruit
7	Tomato	Fruit
8	Corn	Seeds
9	Beans	Seeds
10	Broccoli	Flower

Animal products as a food :

Animal give us many kinds of food products which is following.

- i) Animal like buffalo , goat , cow are some common animal which give us milk.
- ii) Animal like bee from beehives we collect honey , bees collect nectar (sweet juice) from the flowers and convert it into honey and store in the beehive .
- iii) Some animals we eat as a meat like goat , fish hens etc.
- iv) Some animals give us oil from their fats.

What do animals eat?

Sr.No.	Animal	Animal eat food
1	Lion	Meat /animal
2	Cow	Grass / cereals
3	Buffalo	Grass
3	Cat	Milk , birds
4	Birds	Grain , fruits
5	Squirrel	Nuts
6	Spider	Insect
7	Butterfly	Nectar of flowers

8	Lizard	Insect
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Herbivores :

Those animals which eat plants or plants product are called Herbivores animals.

Example : cow, sheep , horse , deer , rabbit etc

Carnivorous :

Those animals which eat only other animals or mass of other animals called carnivorous animals.

Example: lion , tiger , crocodile , wolf etc.

Omnivorous :

Those animals which eat both plants and other animals are called omnivorous animals.

Example : bear , fox , dogs , cat , rat , human etc.